

Discussion Questions

Student Ministries | 7-9



November 18 - November 24, 2020

Bottom Line

God wants us to see ourselves the way He does.

Scripture

Romans 12:2 NLT
Romans 12:6 MSG

Icebreaker

Who is one person in your life that you look up to who is . . .

- a. Famous?
- b. In your family?
- c. Older than you?
- d. At school?

Discussion

1. What's one positive thing about looking up to someone?
2. What's one negative thing that can happen when we look up to someone else?
3. Heather listed a number of "I'm not _____ enough" statements. Which one did you relate to the most?
4. How might knowing God says we're good enough change the way we see ourselves?
5. How does it feel to know that God loves you just the way you are?
6. What's one step you can take toward changing the way you see yourself?

Activity

Have your students use the provided journal page to write down a few negative thoughts they have about themselves along with new, positive thoughts that can replace their old ones. Model how to do this by giving them an example from your own life!