

Discussion Questions

Student Ministries | 7-9



September 16-22, 2020

Bottom Line

Choose words that help others, not words that hurt others.

Scripture

Ephesians 4:29 (NLT), Mark 7:15 (NLT)

Icebreaker

What is something kind you remember someone (outside of your family) saying about you?

Discussion

1. Heather shared different reasons why we gossip—our own insecurities, bonding with friends, competition, etc. What reason is most true for you?
2. Why do you think gossip is such a concern for God?
3. What was Heather's illustration of the rotten banana all about?
4. How does it make you feel to know that you have the power to choose what kind of words you use?

Activity

To practice using words that lift others up, text (or write a note if you're really over the top!) three individuals and tell them what you like about them.