



# LIFEGROUPS

Series: *God Speak*  
Message: *Pocket Prayer*

Scripture: *Matthew 6:9-13*

Date: September 14-15, 2019

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## —[ LET'S START ]—

At this week's services we prayed for educators. Who was the best teacher you ever had? What made them a great teacher?

## —[ LET'S TALK ]—

1. **GRATITUDE AND PRAYER:** What happened last week for which you are thankful? What challenges do you see in your life? Your family? The World? Thank God for the beautiful ways that He has been at work. Pray for the challenges that those in your group are currently facing.
2. Read Matthew 6:5-15.

In this week's message, Pastor Dale took time to talk about some key aspects of the Lord's Prayer. What does it mean for think about God as your father? The Hebrew term for father is the same as our English word "daddy." How does viewing God as your, "daddy" help you understand him more? How does Matthew 18:3 add to our understanding of this passage?

Dale encouraged us to recognize the goodness of God in the Lord's Prayer. How has God shown his goodness to you this week? Read Isaiah 40:25-26, Psalm 25:7, and Psalm 86:5. What do these verses teach us?

Dale also encouraged us to recognize the need to ask God for help as modeled in the Lord's Prayer. Why can it sometimes be difficult to ask for help? Read Philippians 4:6-7. What insight does this give us about prayer?

We are taught to pray for healing in the Lord's Prayer. What does Isaiah 53:4-5 teach us about ultimate healing?

In the Lord's Prayer, Jesus showed us the importance of coming to him for forgiveness. What does Romans 5:8 teach us about God's desire for forgiveness?

Dale ended his sermon by reminding us to pray for others, thank God and to do it all in Jesus' name. Read Luke 11:5-10 and Matthew 8:5-10. What further insights to these passages give?

## —[ LET'S ACT ]—

We have had two very powerful weeks of teaching on prayer. Last week, Dale concluded his sermon by showing how he uses his prayer journal and The Lord's Prayer as a model for his personal prayer life:

Praise | Will | Provision | Confession | Surrender | Temptations | Evil | Glorify God

Did you try praying this way? What did God do?

This week, let's closer our time by praying this pocket prayer together: *Daddy you are good. I need your help. Heal me and forgive me. They need your help. Thank you. In Jesus name, amen!*

## —[ SERMON REVIEW ]—

- It is not uncommon for us to cry out a desperate plea to God.
- The key to praying the Lord's prayer powerfully and effectively in any given situation is to understand what you're really saying.
- Max Lucado has synthesized the Lord's Prayer down to what he calls a pocket prayer:
  - Father, you are good. I need your help. Heal me and forgive me. They need your help. Thank you. In Jesus name, Amen!
- Father –
  - Tim Keller writes: "The power of our prayers...lies not primarily in our effort and striving, or in any technique, but rather in our knowledge of God."
  - The term used in this prayer is "Daddy." It is a tender term. Jesus says to talk to God as your Abba, your Daddy.
- You are good –
  - God is big enough to handle whatever is going on in your life. He is a tender daddy but he is also a powerful daddy.
  - The evil and suffering in our world doesn't change the nature of God.
- I need your help –
  - Sometimes our pride gets in the way of asking God for help. We figure if we can't figure it out, God can't either.
  - When we bring our needs to God we should remember what God has already accomplished on our behalf.
- Heal me –
  - On the cross, Jesus took away our sin and sickness!
  - We live in a contaminated world. The difference is that since Jesus has come neither sin nor sickness have the ultimate say in our lives.
- Forgive me –
  - God wants to forgive you before you even ask.
  - God's forgiveness doesn't have to be earned or waited for.
- They need your help –

- We should always be prepared to be the hands and feet of Jesus in helping others with their needs.
- There are times when we can only do so much. More is needed. We need to pray.
- Thank you –
  - It’s about having the right attitude.
  - Go in thankful, be thankful, and end in thankfulness.
- In Jesus Name Amen –
  - To end our prayers in Jesus’ name is to submit ourselves, the people and circumstances we are praying about, into his hands and under his power.
  - Jesus is the ultimate authority in our lives.

—[ NOTES ]—

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