



LIFEGROUPS

Series: *Reset*

Message: *Resetting Our Self-Identity*

Scripture: *Mark 3, 1 Corinthians 3-4*

Date: January 19 & 20, 2019

—[LET'S START]—

This week, our nation sets time aside to remember the life and legacy of Dr. Martin Luther King Jr. What impact has Dr. King's legacy made on you? Who are some other figures from history who have greatly impacted your life? Why do you suppose they have had such an impact on your life?

—[LET'S TALK]—

1. **GRATITUDE:** What happened last week for which you are thankful?
2. **PRAYER:** What challenges do you see in your life? Your family? The World? As a group, take some time to pray. Thank God for the beautiful ways that He has been at work, and pray about the challenges that those in your group are currently facing.
3. This week, Pastor Dale preached about resetting our self-identity. What are some of the things that people build their identity upon?
4. Read Mark 3:1-6. Why do you suppose the religious leaders were so angry with Jesus?
5. Skip down to verses 20-28. What strikes you about the people in this passage? What strikes you about Jesus?
6. Pastor Dale said that pride was the primary reason that Jesus' critics wanted to kill Him and His family wanted to put Him strait jacket. Pride means to be puffed up, swollen or distended. Pastor Dale used a balloon to demonstrate the way that pride works in our lives. He used four words to demonstrate our pride or ego. Those words were: empty, painful, busy, and fragile. Take time to talk about each of those descriptions of pride. How have you witnessed these effects of pride?
7. Read 1 Corinthians 4:1-4. What does this passage teach us about what the answer to our ego/pride problem is?

—[LET'S ACT]—

Pastor Dale gave us two takeaways this week:

By God's help I aim daily to practice forgetting myself by remembering whose I am.

By God's help I aim daily to practice forgetting about myself so I can be free to treat others the way God treats me – like family.

How can we encourage each other as a group to put this into practice this week?

—[SERMON REVIEW]—

- Dr. King dreamed that our nation would rise up to its creed, “We hold these truths to be self-evident, that all men [human beings] are created equal.”
- Why do we treat each other in demeaning ways?
 - Pride
- Pride caused the religious leaders to be murderously angry at Jesus for healing on the Sabbath.
- Pride caused Jesus' own family to call Him crazy.
- What is pride?
 - Empty
 - Painful
 - Busy
 - Fragile
- We need to come to the point where we have a very low opinion about what others think about us and very low opinion of what we think about ourselves. What matters is what God says about us.
- Paul realized that his worth and value are not based on how good he's been or how bad he's been. He's no longer performing for a verdict! The verdict is already in! He's loved and forgiven based on the performance of Christ Jesus who died His death so he could live His life and be acceptable to God. Paul's ego is no longer puffed up, it is filled up with God's love, forgiveness and acceptance. That's what Paul learned to focus on and it made him free. Free to love, free to forget about himself, free to serve, free to suffer, free to die.
- By God's help Christ's followers should aim daily to practice forgetting ourselves by remembering whose we are.
- By God's help Christ's followers should aim daily to practice forgetting about ourselves so we can be free to treat others the way God treats us – like family.

—[NOTES]—
