



LIFEGROUPS

Sermon: OMTL – Live Passionately Scripture: Rom. 12:11; Lk. 5:17-26 Date: Jan. 16 & 17, 2016

—[LET'S TALK]—

- If there are new people in the group for OMTL, spend some time getting to know each other.
- What are the things you are most passionate about in life?

—[LET'S WARM UP]—

- Why is it so easy for us to become overcrowded in life?
- What tends to crowd your life and steal your focus? What consumes your time?
- How might the world view and value an overcrowded life? Why?
- What things tend to make it difficult for you to change and de-crowd yourself?

—[LET'S DIG | CHOOSE 1]—

- Read Hebrews 12:1-11 and talk about focus, discipline, and passion.
 1. Why does a "cloud of witnesses" make a difference? Does it make a difference today?
 2. What is the difference between a hindrance and sin? Why throw off both?
 3. How do we know which way to run with our passions?
 4. How are hardship and discipline connected to our focus and passion?
 - i. (consider verses 10-11 as well as Jesus' example in verse 2)
- Read Matthew 23:1-4, 11:28-30, and talk about God's rest and your passion.
 1. What are the "heavy, cumbersome loads" the Pharisees placed on people?
 - i. In what ways does this still happen today?
 2. What does Christ ask of those who come to him?
 3. How does Christ's yoke help us sustain our passion and life?

—[LET'S ACT]—

- Keep a time journal this week, and jot down how you spend each day. Try to rate your productivity (what you accomplish) along with your contentment (how you experienced each day). At the end of the week, write down your thoughts on the "cost-effectiveness" for how you invested your time.

